

## How to Make a Maids Apron

# Fancy Dress Ideas for Kids

You will need:-

White material

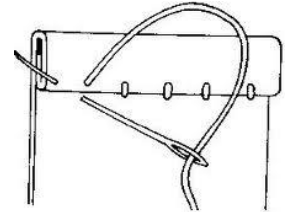
Normal white cotton

Lace (optional)

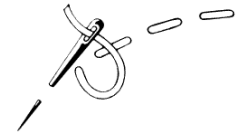
Tape measure

1. Measure your child's waist, and double it. This will give you the length for the long side of the rectangle. Measure from your child's waist to their knees and add 5cm. This gives you the length of the short side of the rectangle.

2. Hem the two short sides of the triangle and one of the long sides. A handy hint is to use an iron to help give a good edge. Fold over approx 1cm along the 3 sides, iron, and then turn over a 2nd time and iron again. Now stitch using either a running stitch or a hemming stitch.

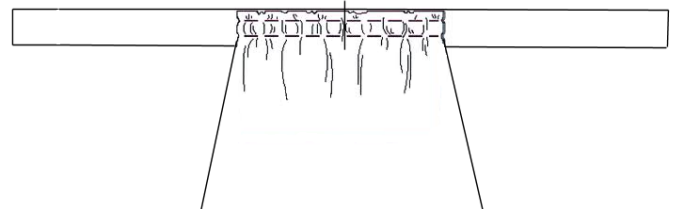


3. Along the fourth side which will be the top of the apron sew a running stitch about 2cm from the top, leave the tread hanging. Pull the tread to gather the material. When you are happy tie off the cotton using a couple of stitches on top of each other.

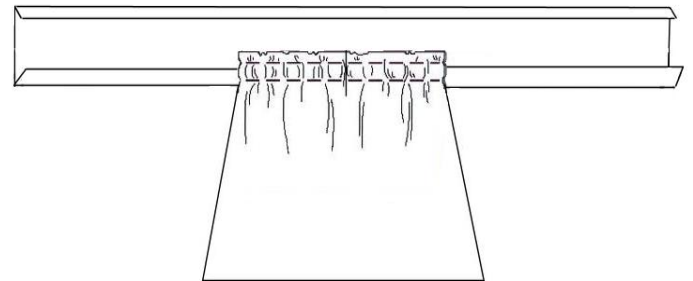


4. Now to make the waist band, you will need a rectangle approx 200cm by 15cm. If you do not have a piece of material that long join 2X 100m rectangles together. Hem the two short ends of the waist band.

5. Mark the centre of both the waist band and the body of the apron along the top edge. Now match the centres up and pin the waist band to the body of the apron with the right sides together (i.e. the sides with the hemmed edges facing out)



6. Sew the waist band to the apron about 2.5cm from the top, just below your gathering running stitch. Fold over approx 1cm along the top edge of the waist band and iron flat. Now fold the waist band up from the body of the apron and iron along the fold along the entire edge.



7. Fold the waist band in half and Iron flat, sew along the three edges. To make it a little prettier sew a lace trim along the bottom hem of the apron.

